# The Menu



## February 18 – February 22, 2019

#### Monday

Breakfast: Whole-Grain Bagels, Pears, Milk Lunch: Chicken Chunks, Potato Wedges, Squash Casserole, Milk Snack: Fig Newtons, Milk

#### Tuesday

Breakfast: Pancakes, Pineapple, Milk Lunch: Cous Cous, Lentils, Lima Beans, Carrots, Milk Snack: Graham Crackers, Apple Slices, Water

## Wednesday

Breakfast: Cheesy Grits, Mixed Fruit, Milk Lunch: Ham on Whole Wheat, California-blend Veggies, Apple Sauce, Milk Snack: Goldfish Crackers, Juicy Juice

#### Thursday

Breakfast: Oatmeal, Peaches, Milk Lunch: Orzo, Northern Beans, Green Beans, Fruit Cups, Milk Snack: String Cheese, Club Crackers, Water

## Friday

Breakfast: Apple Muffins, Mixed Fruit, Milk Lunch: Bake Ziti, Salad, Garlic Bread, Milk Snack: Craisins, Pretzels, Milk

This menu is subject to change without notice.