

## The Menu



September 26 – September 30, 2016

### Monday

Breakfast: Apple Muffins, Mixed Fruit, Milk

Lunch: Penne Noodles in Alfredo Sauce, Salad, Garlic Bread, Milk

Snack: Fig Newtons, Milk

### Tuesday

Breakfast: Assorted Cereal, Bananas, Milk

Lunch: Chicken Tenders, Potato Wedges, Spinach, Squash, Milk

Snack: Assorted Crackers, Milk

### Wednesday

Breakfast: Bacon, Eggs, Hash Browns, O.J., Milk

Lunch: Tilapia w/ Tomatoes, Mixed Veggies, Rice Pilaf, Milk

Snack: Apple Slices, Ritz Crackers, Water

### Thursday

Breakfast: Granola, Yogurt, Milk

Lunch: Cous Cous, Broccoli, Red Beans, Edamame, Milk

Snack: Scooby Doo Crackers, Milk

### Friday

Breakfast: Oatmeal, Peaches, Milk

Lunch: Turkey Breast w/ Cheese on Whole Wheat Pita, Zucchini,  
Apple Sauce, Milk

Snack: Grapes, Cheese, Water

**This menu is subject to change without notice.**