

## The Menu



October 23 – October 27, 2017

### Monday

**Breakfast:** Low-Sugar Apple Jacks Cereal, Pineapple, Milk  
**Lunch:** Veggie Lasagna, Salad, Garlic Bread, Milk  
**Snack:** Gold Fish Crackers, Juicy Juice

### Tuesday

**Breakfast:** Cinnamon-Raisin Bagels, Mixed Fruit, Milk  
**Lunch:** Chicken Chunks, Potato Wedges, Broccoli, Milk  
**Snack:** Rice Cakes, Cantaloupe, Water

### Wednesday

**Breakfast:** Apple Muffins, Pears, Milk  
**Lunch:** Cous Cous, Lentils, Zucchini, Apple Sauce, Milk  
**Snack:** Assorted Crackers, Milk

### Thursday

**Breakfast:** French Toast, Sausage, Eggs, O.J., Milk  
**Lunch:** Chicken in Alfredo Sauce, Salad, Rolls, Milk  
**Snack:** Jello Cups, Lorna Doone Crackers, Water

### Friday

**Breakfast:** Oatmeal, Peaches, Milk  
**Lunch:** Meatloaf, Rice Pilaf, Carrots, Squash Casserole, Milk  
**Snack:** Grapes, Cheese, Water

**This menu is subject to change without notice.**